

Flying Friendship Star

By Amy Smart –
Diary of a Quilter

54" x 72" without borders

69" x 87" with borders

Fabric requirements:

Red: 1 yard

Yellow: ½ yard

Background fabric: 3 yards
total (can be made up of
assorted low-volume prints)

Green fabric #1: ½ yard

Green Fabric #2: ½ yard

Navy Fabric #1: ½ yard

Navy Fabric #2: ½ yard

Pink: 5/8 yard

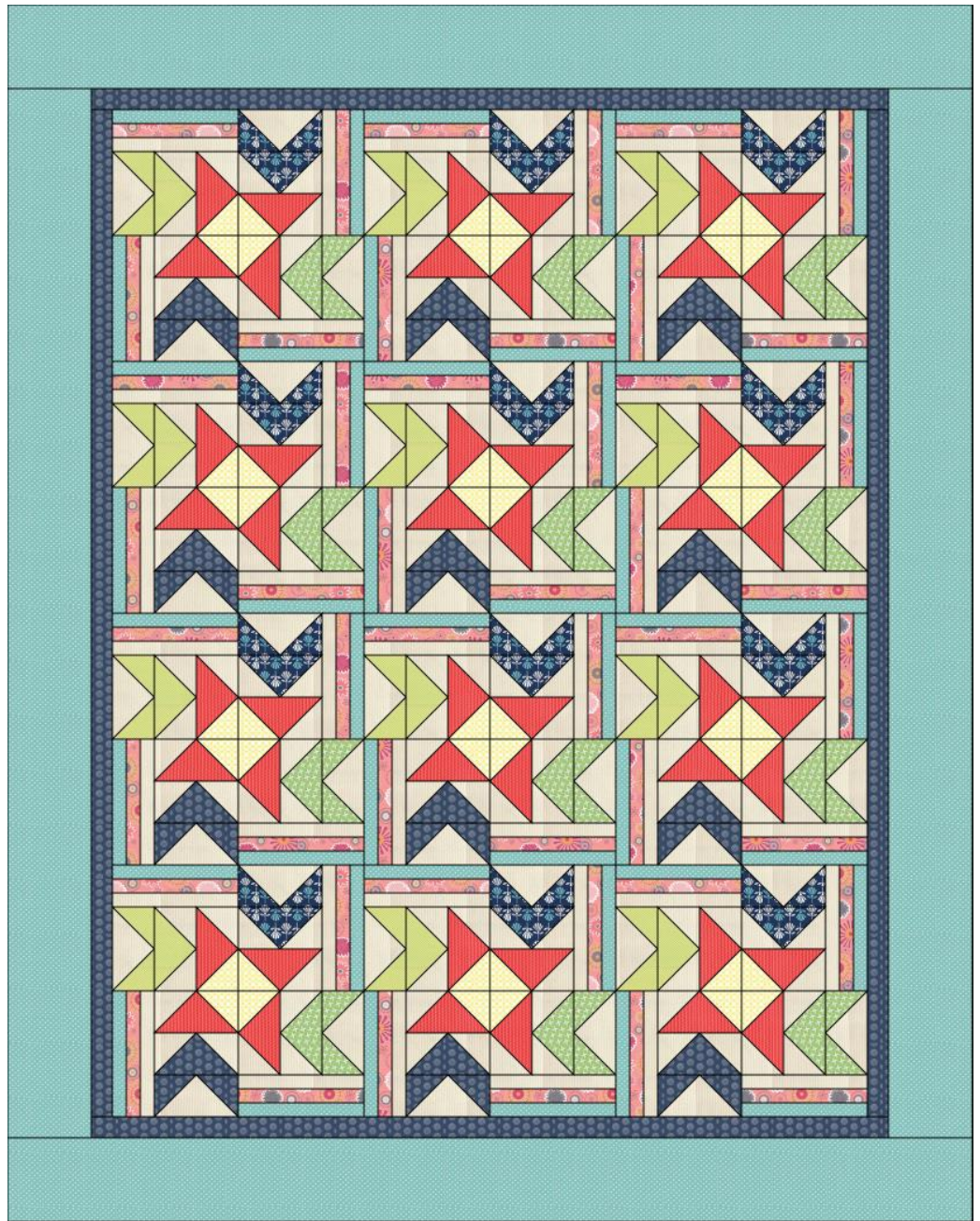
Aqua: 5/8 yard

Inside border: 3/8 yard –
cut into 6 strips 2" x 42"

Outside border: 1 ½ yards –
cut into 8 strips 6½" x 42"

Backing: 5 ¼ yards

Binding: 5/8 yard fabric –
cut into 8 strips 2½" x 42"
or 325" bias binding



Cutting instructions per block:

Red: Four 3½" x 6½" rectangles

Yellow: Four 3½" x 3½" squares

Light background print(s):

Twelve 3½" x 3½" squares

Four 3½" x 6½" rectangles

One 1½" x 42" strip

Green #1 & #2 and Navy #1 & #2 cut one set of each fabric:

One 3½" x 6½"

Two 3½" x 3½"

Pink strip: 1½" x 42"

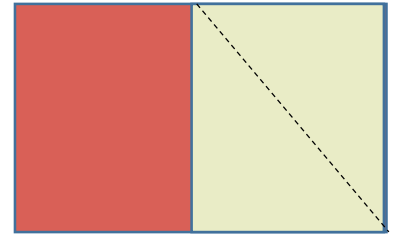
Aqua strip: 1½" x 42"



Individual 18" x 18" block construction:

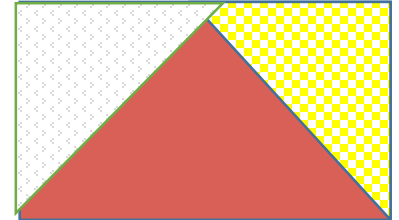
Flying geese units

Take one red $3\frac{1}{2}''$ x $6\frac{1}{2}''$ rectangle. Draw a diagonal line on the back of a yellow $3\frac{1}{2}''$ x $3\frac{1}{2}''$ square. Place yellow square right sides together on the *right* side of the red $3\frac{1}{2}''$ x $6\frac{1}{2}''$ rectangle.



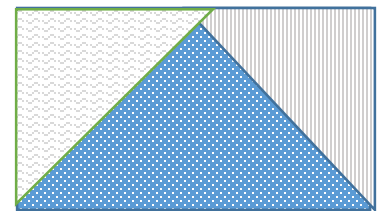
Sew directly on the line. Trim $\frac{1}{4}''$ away from right side of the seam. Open up yellow triangle and press seam toward the yellow.

Place a light $3\frac{1}{2}''$ x $3\frac{1}{2}''$ square right sides together on the left side of the red rectangle. Draw a diagonal line and sew on the line. Trim a $\frac{1}{4}''$ away on the left side of the seam. Press toward the light. You should have a $\frac{1}{4}''$ space above the 'geese' point for seam allowance



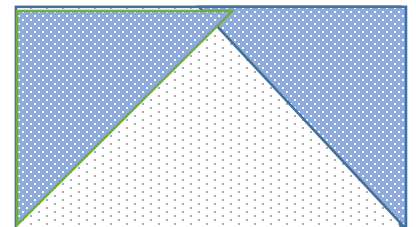
Repeat three times to create four of these units

Use the same process to create four dark print flying geese units using both green and navy $3\frac{1}{2}''$ x $6\frac{1}{2}''$ fabrics and two of the $3\frac{1}{2}''$ x $3\frac{1}{2}''$ light backgrounds per unit.



You will have four colored $3\frac{1}{2}''$ x $6\frac{1}{2}''$ flying geese units.

Use the same process to create four light flying geese units in each color scheme using the light $3\frac{1}{2}''$ x $6\frac{1}{2}''$ fabrics and the two matching $3\frac{1}{2}''$ x $3\frac{1}{2}''$ dark prints per unit.

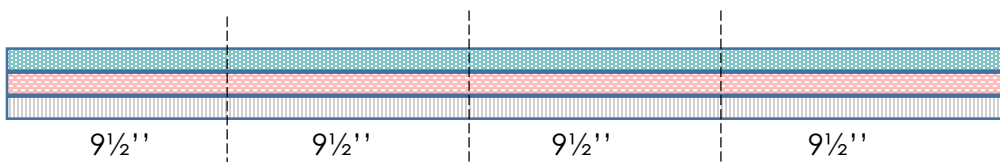


You will have four light $3\frac{1}{2}''$ x $6\frac{1}{2}''$ flying geese units in coordinating colors with the above dark units.

Strip-sets:

Sew light $1\frac{1}{2}''$ x $42''$ strip to pink $1\frac{1}{2}''$ x $42''$ strip. Add final $1\frac{1}{2}''$ x $42''$ strip set to make a strip set $3\frac{1}{2}''$ x $42''$ long. Press seams in one direction.

Cross-cut strip sets in to four units $9\frac{1}{2}''$ long x $3\frac{1}{2}''$.



Block Assembly

Using one red flying geese unit and two coordinating light and dark FG units, sew the three flying geese units together as diagramed.

Press seams away from the geese points.



With the red flying geese unit pointing to the right, add a $3\frac{1}{2}'' \times 9\frac{1}{2}''$ strip set to top side of new flying geese units. Press seam toward the strip-set.

Repeat this process three times to make four sets total.



Sew four units together, rotating each unit, so that the yellow triangle is always in the center. (See diagram)

Use block directions above to make 12 quilt blocks.

Assemble them together 3 across by 4 blocks down.

Borders:

Inside border: $\frac{3}{8}$ yard – cut into 6 strips $2'' \times 42''$

Outside border: $1\frac{1}{2}$ yards – cut into 8 strips $6\frac{1}{2}'' \times 42''$

Backing: $5\frac{1}{4}$ yards – cut into two $2\frac{5}{8}$ yard pieces, trim selvage edge and sew together edge to edge. This should give you an $80'' \times 94''$ piece of backing yardage.



Quilt and bind as desired. For more information on batting, basting and quilting visit www.diaryofaquilter.com/basting-and-quilting-for-beginners

Binding: $\frac{5}{8}$ yard fabric – cut into 8 strips $2\frac{1}{2}'' \times 42''$ or $325''$ bias binding. For a tutorial with photos on binding (finishing) a quilt visit: www.diaryofaquilter.com/2013/12/how-to-finish-and-bind-quilt